



## ORIGINAL RESEARCH ARTICLE

# ACUTE PESTICIDE POISONING: REVIEW OF PATIENTS ATTENDING AT EMERGENCY DEPARTMENT IN CHITWAN MEDICAL COLLEGE

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### ABSTRACT

To find out the hospital based incidence, pattern and fatality of acute pesticide poisoning which may be helpful to develop better management strategy and preventive campaign. A total of 88 patients were reported in emergency with acute pesticide poisoning out of 178 total acute poisoning cases resulting in APP rate 49.43% of total poisoning cases. Male: Female ratio was 1:1.5. The age group specific incidence of acute poisoning showed 7.95% in 0-14 years, 45.55% in 15-29 years 30.68% in 30-44 years and 12.50% in 45-59 years and 3.40% in 60 years and above. Out of 88 patients 79.55% admitted, 20.45% of patient status was unknown as these patients were referred or refused admission. lost follow up. Among admitted patients 8.57% died and 91.43% discharged from hospital. Maximum case fatality ratio (28.57%) was due to endosulfan poisoning. Pesticide is responsible in 49.43% of all poisoning patients visiting to emergency department with the mortality of 6.80% among pesticide poisoning, Women have high morbidity but man predominantly exceeds on mortality rate.. Highest case fatality observed among the endosulfan exposed group. How patients are getting such toxic poisons and why these victims are being exposed needs further study. Emphasis on case management and preventive campaigns would have some impact in reducing morbidity and mortality from acute pesticide poisoning.

**Key Words:** Acute pesticide poisoning, morbidity & case fatality

### INTRODUCTION

Acute pesticide poisoning is any illness or health effect resulting from suspected or confirmed exposure of pesticides within 48 hours.<sup>1</sup> In developing countries pesticides are the most popular means of self poisoning killing about three hundred thousand population each year.<sup>2</sup> Introduction of pesticide regulation act and rules operated in 1994 in Nepal could have some positive impact but various study after that also reporting that pesticide poisoning is still hospital is feared to be a continuous tragedy. In this study was carried out to find out the local pattern of poisoning and its fatality based on the patient reported to emergency department in chitwan medical college in Nepal to develop management strategy and preventive campaigns.

### MATERIALS AND METHODS

This retrospective hospital based study was carried out from 1 January 2010 to 31 December 2010 with prior ethical approval from hospital. All patients with poisoning were identified first and then patients with pesticide poisoning included in the study. Patient were diagnosed on the basis of history, container carried with patient, clinical toxidrome. The data were tabulated and analyzed.

### RESULTS

A total of 88 patients were reported in emergency with acute pesticide poisoning out of 178 all acute poisoning cases resulting in APP rate 49.43% of total poisoning cases.

**Table 1: Gender wise distribution of poisoning cases (n=88)**

Poison	Male	Female	Total	Percentage
Pesticides	35	53	88	49.43
Other Poisoning	47	43	90	-
Total	82	96	178	-

Male: Female ratio was 0.66:1.0. The age group specific incidence of acute poisoning showed 7.95% in 0-14 years, 45.55% in 15-29 years 30.68% in 30-44 years and 12.50% in 45-59 years and 3.40% in 60 years and above.

**Table 2: Age group wise distribution and percentile of pesticides poisoning cases (n=88)**

Gender/Age Group	0-14	15-29	30-44	45-60	≥60	Total
Male	1	17	7	7	3	35
Female	6	23	20	4	-	53
Total	7	40	27	11	3	88
Percentage (%)	7.95	45.45	30.68	12.50	3.41	-

**Table 3: Disposal of patients with APP (n=88)**

Disposal	Number (No.)	Percentage (%)
Admission	70	79.55
Recover	64	91.43
Mortality	6	8.57
Unknown*	18	20.45
Total	88	-

\* referred (n=13) and refused admission (n=5)

**Table 4: Morbidity Patterns according to different types of pesticides poisoning (n=88)**

Pesticide Type	Male	Female	Total Percentage	Mortality		Case Fatality Ratio
				Male	Female	
Organophosphorus	19	23	42 (47.73%)	2	1	7.14%
Endosulfan	3	4	7 (7.95%)	2	-	28.57%
Cypermethrine	5	11	16 (18.18%)	-	-	-
Phosphides	6	11	17 (19.32%)	1	-	5.88%
Other pesticides	2	4	6 (6.82%)	-	-	-
Total	35	53	88 (100%)	5	1	6.82%

## DISCUSSION

Altogether 88 patients admitted with acute pesticide poisoning among them organophosphorus is the commonest compound responsible for acute pesticide poisoning in this study (47.73% of total poisoning), which is higher (43.0%) than the study conducted in different central and zonal hospital in various parts of country.<sup>3</sup> The incidence peaks in age group of 15-29 and falls steadily with increasing age in this study which is similar to a study conducted by Gunnell, D. & Eddleston, M.<sup>4</sup> Female patients outnumbered male by 1.51:1 which is also similar as a study conducted in Bir Hospital, Kathmandu.<sup>5</sup> Out of 88 patients 5 refused admission and 13 referred to another hospital after initial management due to full occupancy of beds in ICU and ventilator. The hospital management of pesticide

poisoning often requires intensive care, in particular ventilation. In 1995–1996, in one general hospital in Sri Lanka, 41% of bed occupancy on medical intensive care beds was for the treatment of pesticide poisoning.<sup>6</sup>

The status of these patients are not known due to lack of proper follow up. Case fatality rate is much higher in male than female. The fatality also depend predominantly on the availability and use of highly toxic poison. Endosulfan is found the most lethal agent with 28.57% fatality in this study. None of the patients died who were exposed to cypermethrine pesticide. Endosulfan was banned in 1998 in Sri Lanka as there were 50 patient reported death due to its poisoning and the following three years the number of endosulfan deaths fell to three.<sup>7</sup>

## CONCLUSION

Pesticide is responsible in 49.43% of all poisoning patients visiting to emergency department with the mortality of 6.80% among pesticide poisoning, Women have high morbidity but man predominantly exceeds on mortality rate.. Highest case fatality observed among the endosufan exposed group .How patients are getting such toxic poisons and why these victims are being exposed needs further study. Emphasis on case management and preventive campaigns would have some impact in reducing morbidity and mortality from acute pesticide poisoning.

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